

Special points of interest:

- Announcement of Our New Focus on Wellness Study Group, starting November 15th
- Official Launch of the Superbug Wiki!
- Watch for information about our upcoming documentary at <http://www.blogs.mrsaresources.com/>!
- MRSA in the News

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Visit MRSA Resources and The Hands of Hope Group Web Site at: <http://www.mrsaresources.com/>

Focus on Wellness!

Well, here we are already at our second newsletter issue! I surely hope that you benefited in some way from our October issue, and overlooked any mistakes that were made. Denise, Maureen and I are working so hard behind the scenes to make changes, my focus being on improvement of the educational resources at MRSA Resources, Denise's focus being on improving awareness in our communities in the United States, and Maureen's focus on making changes politically that will reduce the spread of nosocomial infections. We have associated ourselves closely with several groups that have the same goals in mind, and have made some very beneficial relationships that we hope to be able to pass on to you in the form of education, awareness and support.

I would like to take this opportunity

to allow you, our newsletter subscribers, to be the first to hear the official announcement of



our newest focus area at MRSA Resources, a [Focus on Wellness](#). What we hope to accomplish with this group is to identify areas in our lives that are not as healthy as they could be, and learn how to make changes that can improve, or even correct some of the damage that has been done. Another aim of our Focus on Wellness will be to boost our immune system to hopefully help our bodies fight off current infection and strengthen them so they are more resistant to future infection.

Our plan for the group is to do

group book studies, beginning with Dr. Andrew Weil's, *8 Weeks To Optimum Health*. Dr. Weil is a botanist, an M.D., a professor, and has been very influential in many peoples lives. He wants nothing more than for us all to be aware of our mind, our body and our spirit, and the potential we have to be able to heal ourselves. What a great opportunity to learn about the things we can do ourselves to make our bodies capable of fighting bacterial infections the best way possible!

We hope you will join us - and study, learn and support each other as we strive to become as strong and healthy as we can be!

Find our wellness group, starting November 15th, online at <http://www.wellness.mrsaresources.com>

Take good care,

Christina

Prayer Chain at The Superbug Wiki

Don't forget to add your name, or that of your loved one, to the Prayer Chain at http://www.superbugwiki.com/index.php?title=Prayer_Chain. You can click the discussion tab at the top of the page to send a note to those on the list, to let them

know that they are being prayed for. We would love to see more people taking advantage of this area, as we feel so strongly that prayer is an integral part of recovery from these resistant infections. Drop by occasionally and take note of the people in need of

prayers there, and pass them on to your local church prayer groups, or any other prayer groups that you are aware of. There can never be too many people praying for you!



The Committee to Reduce Infection Deaths,

Betsy McCaughey, Chairman and Founder

“The single most effective way to reduce hospital infections, according to the Centers for Disease Control and Prevention, is for doctors and other caregivers to wash their hands in between treating patients.”

From Betsy McCaughey, Chairman of RID

Hospital infections cause more deaths each year than AIDS, breast cancer, and car accidents combined.

A serious bloodstream infection can add \$57,000 on average to a patient’s hospital bill.

These infections are largely preventable and at little cost. The single most effective way to reduce hospital infections, according to the Centers for Disease Control and Prevention, is for doctors and other caregivers to wash their hands in between treating patients. Research shows that doctors clean their hands before treating a patient only 48% of the time, and the rate is worse at some hospitals. Doctors with dirty hands! It’s outrageous.

The risk of getting an infection in the hospital is at least as high as it was thirty years ago, and may actually be getting worse. Why

has this deadly problem been allowed to persist and grow? Lack of leadership. The health care community has not made fighting infection a top priority, and the public has not demanded it.

RID will bring together many voices – families who have lost someone to infection, civic leaders committed to improving our hospitals, health experts who know how it can be done, and employers who want to stop wasting money treating infections that could have been prevented.

RID will pressure hospitals to work harder on improving hygiene, implementing proven infection-prevention procedures, and getting doctors and other caregivers to clean their hands. RID will also promote publicly available hospital infection report cards. When you need to be hospitalized, you should be able to find

out which hospitals have a high infection rate. This Website includes a hospital infection fact sheet, a list of ways to protect yourself from infection, and frequent updates on what the Committee is doing. Please check back often.

Get involved. Take action. Together we can save lives!

Sincerely,

Betsy McCaughey, Ph.D.

Founder & Chairman, [RID](#)



Focus on Education-The official launch of The Superbug Wiki!

We are working this month to get some attention for the Superbug Wiki, in order to attract knowledgeable people to come and work on it, as it is a huge project, and won’t be as successful as it could be without help from people who are familiar with MRSA and other superbugs.

In this process, we have sent out press releases through as many sources as we can, but *you can help us a lot by copying our press release and sending it to your local media affiliate.* You can find the current press release at [http://](http://www.mrsaresources.com/media.htm)

www.mrsaresources.com/media.htm. All you need to do is copy and paste it into an email, and send it to your local newspaper, and maybe your local television stations.

We appreciate our regular members and web site users so much, and this is a small way that you can help us meet one of our goals—to be a one stop place to find excellent information on MRSA and Superbugs!

Thank you for your help and your support!

The November Superbug-Wiki Project Focus is: [Pain Management](#), [Antibiotic](#), [How do I treat an outbreak?](#)



Don't Let Em Slip Through The Cracks by George Clancy

***There have been times I turned my head
And tried not to notice
But it's a crime to lie in bed
And close our eyes to this
With these victims among us
Who else will make a fuss?***

***Don't let 'em slip through the cracks
I'm here to share the burden
Climb upon my back
The road is long so we've got to be strong
To keep up the attack
Don't let 'em slip through the cracks***

***Now we parade other issues
That weigh on some hearts more
But a band air or soft tissue
Only covers the sore
The numbers grow everyday
We've got to find a way***

***Don't let 'em slip through the cracks
I'm here to share the burden
Climb upon my back
The road is long so we've got to be strong
To keep up the attack
Don't let 'em slip through the cracks***

***Nothing worthwhile is easy
But I'm willing to play my part
To reach the goals end
There's got to be a place to start***

***Don't let 'em slip through the cracks
I'm here to share the burden
Climb upon my back
The road is long so we've got to be strong
To keep up the attack
Don't let 'em slip through the cracks***

Words and Music By:

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ecmusic@optonline.net
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George Clancy is a true American Hero.

He is a NYC Firefighter, who helped save lives on 9/11/2001. Approximately half the people in his company did not survive. George then spent every work day for the next year or more helping to clean up the wreckage and search for the fallen.

George spent two weeks in New Orleans last month, volunteering as a rescue worker. George and other firefighters from NYC worked alongside the rescue workers in New Orleans.

This song was written for the Hands of Hope Group, to help us all in our fight against MRSA infections!

Listen to this song at

<http://www.mrsaresources.com/>

***Is there a hero in
your life? Can you
share a story of
inspiration with us?
Wonderful people
are all around us!
While dealing with
the difficulties that
come along with
MRSA, it is so
important to see
and hear about the***

Angels Among us!

***Please send your
story to
news@mrsaresourc
es.com***



CA-MRSA Awareness by Francine Jackson

It's amazing how a small skin infection can change every aspect of your life. This past spring I watched first hand as an incredibly healthy 13 year old complained about a pulled groin muscle. At the time he had a cold coupled with a low grade fever. A week later he was hospitalized with a fever peaking at 107 and diagnosed as a life threatening case of community acquired MRSA that infected his bone. Six weeks earlier my son CJ had a surface skin infection that was treated with **regular** antibiotics. 6 months have now past and after conquering everyday tasks such as walking and slowly building stamina/muscle tone, etc.....CJ was cleared a few weeks ago, just in time to play in the last two games of the football season and just in time for travel baseball practice. He'll be on antibiotics for a total of roughly 8 months. Fortunately, looking at him now, you would never believe what he's been through.

Through my research efforts during his illness, time and time again I kept finding references to Ricky Lannetti – a 21 year old football star in his senior year a Lycoming College. Ricky was suffering from what appeared to be severe flu symptoms the night before the Division III championship

game. Admitted to the hospital on a snowy Saturday morning, Ricky died that night. The autopsy revealed something as small as a pimple allowed community acquired MRSA to take over his body. Ricky's former high school, Father Judge, started a campaign to raise awareness of this killer microbe that targets physically fit young athletes.

Over the past several months, I've gotten to know Theresa Drew (Ricky's mom). Theresa has been a tremendous inspiration in turning tragedy to positive action. Theresa is committed raising awareness and I'm committed to support her. Let's just call it a "pay it forward" approach—my son was spared, so maybe these efforts are a way to give back by helping others. If we can help one child/parent/family from experiencing these horrible infections ... than our time is well spent. In collaboration with MRSA Resources (Christina has been absolutely terrific to work with), we've developed a draft brochure that we're hoping to streamline to schools, parents, players, and coaches. In addition, I've developed and begun distribution of the information sheet below. [Editor-download the information sheet from [http://](http://www.mrsaresources.com/Downloads/infoforathletes.JPG)

www.mrsaresources.com/Downloads/infoforathletes.JPG

. I encourage those reading this to share the information below with as many parents/players/coaches as possible and visit Ricky's site for more information on **community acquired** MRSA.

My life will never be the same after watching a perfectly healthy child be hit so hard, so quickly. Believe me, 6 months ago, I was the furthest thing from a worrier. As he'd get knocked on the football field, I'd be the NY Italian mom in the stands yelling "you're ok buddy...get up, shake it off!" I can't explain the constant second guessing of what I should have done differently, the constant worry every time he sighs, goes to bed before he's told, complains of something minor, etc. It's the constant waiting for the next shoe to fall on him.....unless you've lived through this or something similar, you can't possibly imagine how it feels. Maybe, just maybe I can do some good by sharing this information and experience.

Theresa and I are always looking for suggestions, contacts, etc. to help further jump start our efforts.

"My life will never be the same after watching a perfectly healthy child be hit so hard, so quickly."



<http://www.metrowestcleangear.com/>

Francine Jackson and Theresa Drew's MRSA info sheet for Players, Parents and Coaches. For more information about their work, visit Ricky's MRSA Site at <http://www.fatherjudge.com/fatherjudge.aspx?pgID=1263>.



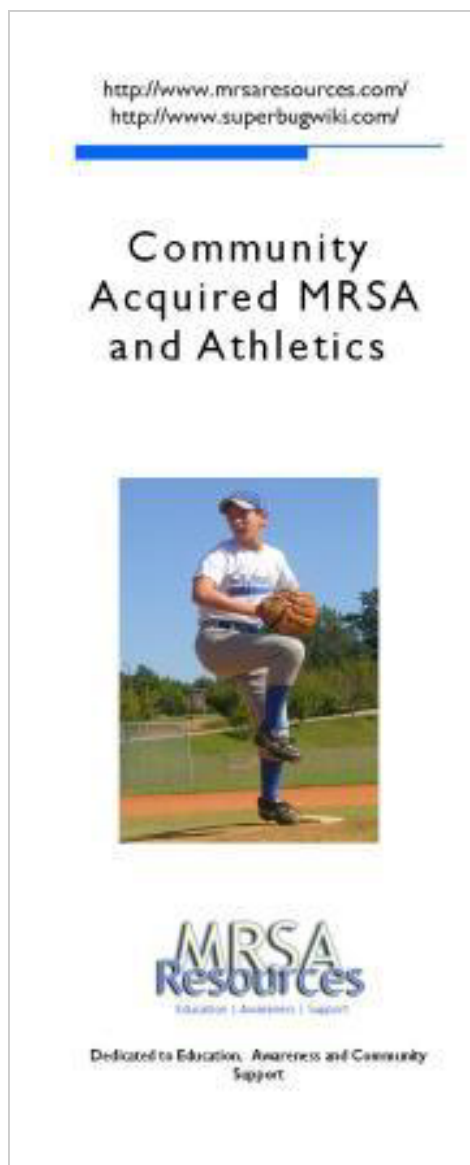
Don't Miss This!

[Rx for Survival — A Global Health Challenge](#) is a groundbreaking multimedia project, anchored by a six-hour PBS television series airing November 1-3, 2005, and supported with a constellation of other media stories and specials, a rich Web site that can help you get informed and get involved, and a campaign to help the neediest children in the developing world. Check it out!



At the Centers for Disease Control web site (<http://www.cdc.gov/>):

Check out the CDC's page on Flu prevention for schools, childcare providers and parents for lots of informational resources and fun activities for the kids at <http://www.cdc.gov/flu/school/>. All of the preventative measures to avoid the flu are the very same things that will prevent the spread of MRSA in our communities and in your homes!



To download the brochure that MRSA Resources published in conjunction with Francine and Theresa (as well as other resources for promoting awareness of CA-MRSA in athletics), visit <http://www.mrsaresources.com/athletics.htm>

Marshall Jones—An MRSA Septicemia Survival Story

FYI— I have published Marshall's story in PDF format, which will make it much easier to print and read than it was in the blog form. Please feel free to share it with

anyone that you feel might be interested in it.

You can find it now at <http://www.mrsaresources.com/Downloads/marshallstory.pdf>.



“I’ll be back in New York tomorrow, as it stands right now the documentary is not entirely finished.... I have one segment left to do, some music to make, and I need to do a re-shoot with Maureen Daly.”

*Jeff Beyrau
Director
Prizefighter Films*

The Hands of Hope Group Documentary Update

At this point, I am eagerly awaiting the completion of our documentary. The question has been raised, “What will we do with it when it is finished?” Right now, I cannot answer. For my husband, Rich, and I, many of the hopes we had when starting out have come to pass. There is now a strong information resource available for laypeople. (Thank you, Christina!) There is a growing support group available in the USA for anyone who wishes to join. Many efforts are being made to raise awareness of MRSA infections worldwide.

Not all of these things were in place when Tony Field and I first began speaking of him coming to the USA to help raise awareness about this problem in our country.

As a direct result of our commitment to this project, I have been

honored and privileged to work alongside Christina Jones of MRSA Resources and Maureen Daly of RID, the Committee to Reduce Infection

Deaths. Although there is so much work to still be done, a lot has been accomplished in the last few months.

- Denise Rauff , Co-Chairperson

Photo: Jeff Beyrau and James Rauff working on the documentary



Schedule of Events

- Every Thursday evening: UK MRSA Chat— 5pm Eastern Time US (all are welcome!)
- US MRSA Chat—10 pm Eastern Time US
- Monthly International Chat- Every month, on the last Saturday, at 5 pm Eastern Time US
- Phobiatology screen debut at the NY Independent Film Festival on 11/13 For more info, see www.prizefighterfilms.com
- **November 15th— MRSA Resources begins our Focus on Wellness Group We begin with Dr. Andrew Weil’s “8 Weeks to Optimum Health”**

November 2005

Sun	Mon	Tue	Wed	Thu	Fri	Sat
		1	2	3 Chat US-10 pm EST	4	5
6	7	8	9	10 Chat US-10 pm EST	11	12
13 Phobiatology debut 2:05	14	15 Wellness Group Begins	16	17 Chat US-10 pm EST	18	19
20	21	22	23	24 Chat US-10 pm EST	25	26 Internat'l Chat 5pm EST
27	28	29	30			

What are Nosocomial Infections? By Christine Besson

Definition

An infection is “nosocomial” (NI) when it is acquired in health-care facilities. This is not a complication of the illness or the surgery which led to hospitalization but rather a complication related to health care. Infections have always existed in hospitals. However, hospital acquired infections are avoidable at least by 50%.

The fabulous discovery of antibiotics some 60 years ago gave the illusion that infectious diseases were to be eliminated. On the contrary, bacteria developed resistance to these new drugs and new strains of bacteria appeared even more dangerous.

In the last 30 years, the rate of NI has never stopped increasing worldwide. These NI are part of what we call undesirable occurrences (UO): wounds or unintentional complications caused by care administered to patients. They are the main cause in relation to drug-related accidents. According to the World Health Organization (WHO), the rate of NI varies between 3.5 and 16.6% depending on the country. On average, 1 out of 10 patients will be adversely affected, possibly resulting in a serious incapacity or death.

Impact

At this time, NI are a major health problem worldwide. They endanger patients' safety, often have devastating consequences for patients, their families and are a

significant burden for health budgets. Their importance is such that they have become the primary indicator of the quality of care in hospitals.

Confronted to this situation, many countries, specially in Europe, have implemented prevention and control policies to lower the rate of these infections. Scandinavian countries and Holland, where prevention and control measures have been strictly applied for over 10 years have, a very low rate of NI.

However, it is very unfortunate to say that here in Québec, as well as in the rest of Canada, our hospitals are far behind in the war against nosocomial infections.

Some Statistics

An average of 5 to 10% of hospitalized patients are victim of an NI, depending on the level of care and the profile of the clientele. They occur more frequently in surgical wards and intensive care units. They lengthen the period of stay by an average of 4 days, however this could be several weeks or even months. The death rate is 5%.

In Quebec: without a real effective control system, the exact rate of NI is not available.

However, an estimated 9,9% of patients are affected. (Report from the Committee on Nosocomial Infections in Quebec -CINQ- April 2004).

- at least 90,000 victims each year,

and over 4500 deaths.

- It means an average of 200 victims each day and 11 deaths.

In comparison, in Québec, every year, 1450 women die from breast cancer, and 600 persons from car accident.

Since 2003, over 3000 patients caught *C. difficile*. The number of death is not known. Every month, 500 new cases of MRSA are reported.

In the USA: the very conservative figures from the CDC report more than 2 millions victims and 90 000 deaths. (1 every 6 minutes).

In the United Kingdom (population of 60 million), there is a rate of 9%. 5,000 deaths are directly related to NI and 15,000 are associated thereto. But only the cases of MRSA have been reported since 2001. In June 2005, a report from the General Audit declared that the exact number of deaths is not known. In June 2005, The Daily Mail revealed that *C.difficile* was the cause of 44 448 victims amongst elderly patients and over 55 000 overall.

In France: (population of 60 million), there are 800,000 victims per year and 4,000 deaths directly related to NI.

Risk factors

These are mainly :

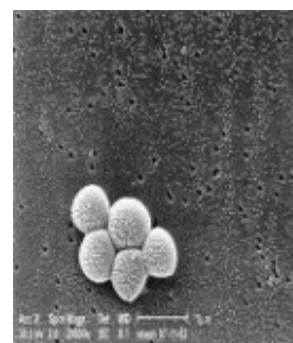
- Progress in medical techniques which are more complex, more invasive and therefore more prone



Christine Besson is the Secretary and web site Content Manager of the Association to Defend Victims of Nosocomial Infections
<http://www.advin.org>

“At this time, nosocomial infections are a major health problem worldwide.”

Photo courtesy of cdc.gov
 MRSA bacteria cluster



MRSA IN THE NEWS

Francine Jackson and son, CJ Jackson appear on Featured Videos at <http://www.cbs46.com/>

CJ is a survivor of MRSA infection and he and his mom are doing great work on raising awareness about the rise of CA-MRSA in the USA. Don't miss Francine's article on page 4 of this month's newsletter!

Maureen Daly and Betsy McCaughey appear on 20/20:

ABC News exposed the myth that hospitals keep you safe from germs on 20/20 in a program on Oct 14

<http://abcnews.go.com/2020/Health/story?id=1213789&page=1>

What are Nosocomial Infections (continued from pg. 7)

to risk;

- The age factor – seniors and young children;
- Presence in hospitals of patients who could not be helped by medicine in the past, who are very ill and therefore more at risk;
- The appearance over the years of bacteria resistant to antibiotics and often more virulent, contributing to the seriousness of NI. In January 2002, WHO (World Health Organization) intimated that there was a possibility that, within a decade, there might not be any treatment for several illnesses.

Mode of transmission

Hospitals and other care facilities are risk environments. They harbour many sources of germs. Overcrowding (several patients in one room, overcrowded emergencies) and insufficient hospital hygiene increase the risks of infection.

A patient may be infected:

- by his/her own germs during health care: surgery, urological catheters, artificial respiration, catheters, etc. Staphylococci, which are present in 30 to 50% of healthy people, may cause an infection during hospitalization.
- by germs from another person (nursing staff, other patients, visitors) or from the environment.

Transmission is mainly:

- through contact with the envi-

ronment – door knobs, furniture, toilets, etc;

- through hand contact, particularly from the nursing staff;
- through the air which is contaminated by particles projected by patients who have a respiratory infection, or through bacteria or mould in poorly maintained ventilation systems or walls in bad repair (humidity).

The main germs are:

- Bacteria: Staphylococcus, Enterococcus, Escherichia coli (E.coli), pseudomonas, clostridium difficile (c. difficile) etc. The most dangerous are those resistant to antibiotics, such as MRSA (Methicillin Resistant Staphylococcus Aureus), VRE (Vancomycin-resistant Enterococcus);
- The example of C.difficile, known for the past 30 years to be the main cause of infectious diarrhea in hospitals, demonstrates that at any given time, a rather-innocent and easily-controlled bacteria can become resistant to treatment, more virulent and cause an epidemic;
- Viruses, mainly in children;
- Mold, for example Aspergillus.

The main areas of infection are :

- Urinary tract infections (more than 30% according to international data);
- Pneumonopathy (infection of the

lungs);

- Infections of surgical wounds;
- Bacteremia (infection of the blood);
- Infections from the catheter (perfusion)

CONCLUSION

Hospitals are high-risk settings. In medicine, as elsewhere, a zero-factor risk does not exist. NI's are part of these risks and, at least on a mid-term basis, we can't hope to eliminate them. However they are not a fatality. International data shows that pro-active surveillance and rigorous prevention can decrease the number by at least 50%. This has an impact on the safety of patients, which should be a priority in health care. "Health care without harm" said Hippocrates , a Greek doctor in 300 B.C.

-Christine Besson,
Secretary and web site Content Manager, <http://www.advin.org>

"Health care without harm" said Hippocrates , a Greek doctor in 300 B.C.

Focus on Awareness



Healthy habits help keep your family well.

Take care: Cover coughs and sneezes. Keep hands clean.

Healthy habits can protect you and your children from getting germs or spreading germs at home, work and school. Simple actions can stop germs and prevent illnesses.

Cover your mouth and nose. Use a tissue when you cough or sneeze and drop it in the trash. If you don't have a tissue, cover your mouth and nose as best you can.

Clean your hands often. Clean your hands every time you cough or sneeze. Hand washing stops germs. Alcohol-based gels and wipes also work well.

Remind your children to practice healthy habits, too. Germs that cause colds, coughs, flu and pneumonia can spread easily.

Healthy habits help reduce illnesses and sick days. Feel good about doing the right things to stay well.

Cleaning Hands Keeps Students In School

Category	Days Absent per Student per School Year
Elementary school students using proper hand hygiene	2.42 days missed
Elementary school students not using proper hand hygiene	3.02 days missed

Healthy habits stop germs. At home, work and school.

This message is from the Centers for Disease Control and Prevention and the Department of Health and Human Services. To learn more, please visit www.cdc.gov/germstop.



This, and many other downloadable brochures and posters for promoting MRSA Awareness are available at the MRSA Resources web site at <http://www.mrsaresources.com/awareness.htm>.



Please use these resources and help spread the word, not the bug!

T-shirt ideas:

We are also looking for ideas to print on t-shirts to promote awareness of MRSA. If you have any eye catching ideas, words or graphics as well, please send them to christina@mrsaresources.com or denise@mrsaresources.com, and watch for our upcoming Spreadshirt store at MRSA Resources!

“Please drop by the discussion group at <http://www.discuss.superbugwiki.com/> occasionally and offer any support or information you may have to help people that are just learning of their infections and are desperate for help.”

Focus on Support

Our community is slowly but surely getting some traffic, and people looking for answers and support for their battles with infection. Please drop by the discussion group at <http://www.discuss.superbugwiki.com/> occasionally and offer any support or information you may have to help people that are just learning of their infections and are desperate for help.

We are also having such a great time in our weekly chats, we do hope you will make the time to join us in there soon. We meet on Thursday nights, at 10pm Eastern time, in the chat room at <http://www.discuss.superbugwiki.com/>. You must be registered there to find the chatroom. Register (if you are not already), then log in, and you will find, just above your

name at the top right of the screen, an icon labeled FlashChat. Click on that link, and you will be immediately taken to the chat room. Alternatively you can get to the chat room directly by going to <http://www.discuss.superbugwiki.com/chat/>, and can log in there using your log in information from the discussion group.



MRSA Resources mission is to provide support and education for people who have been affected by MRSA and other Superbugs, as well as promote awareness in our communities and wellness in mind, body and spirit. We have many educational resources available on our web sites and are actively working toward awareness of MRSA in our communities, both locally and nationally. We hope that you gain valuable information and support from these resources, and we would love to have your feedback on anything that you see here or wish to see.

Visit MRSA Resources and The Hands of Hope Group Web Site at:
<http://www.mrsaresources.com/>

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We support these groups in their missions, and we hope you will too:
MRSA Support Group UK (<http://www.mrsasupport.co.uk/>)

The Association to Defend Victims of Nosocomial Infections (<http://www.advin.org/>)

RID—The Committee to Reduce Infection Deaths (<http://www.hospitalinfectionrates.com/>)

In Closing...

November is the traditional American month for giving thanks.... At MRSA Resources, we have many things to be thankful for. It truly is a blessing to be able to take some of the most difficult times in life and use them for good. To me, this is God's grace in action. Along with free will, the Lord has given each of us the ability to heal and to grow. I am amazed at the commitment of so many people to help one another. Last week, one of the members of our support group with a pic line in her arm, took a moment to e-mail me and ask me how my children are doing. This is where our hopes—in our compassion for one another and our human spirit.. I am so thankful to be able to help raise awareness about MRSA and other preventable infections.

This month will bring with it the completion of our documentary, "MRSA—Survival in Adaptation" I am so proud that my family has been a part of the production of this film. I have seen the rough draft and I believe it will be a very

powerful tool for all of us who are committed to raising awareness.

I feel that we have been unbelievably fortunate to have found Jeff Beyrau as our director. Jeff Beyrau's talent, creativity and determination to make a documentary of superior quality was no small feat! Although Jeff is a professional, he has been surrounded by laypeople while working on this project. In my opinion, his ability to take an idea, a dream, a hope and make it into a high quality reality is a testimony to his incredible talent!

I must take a moment to acknowledge and thank my stepson, James Rauff, for his part in making this documentary a reality. Jimmy took several months to work as the co-producer and audio engineer alongside Jeff. He has been so much more..... Jimmy's warm personality makes it easy to talk to him—even about the most difficult subjects. I love the depth of emotional understanding that Jimmy has brought to our project and I am looking forward to reading more of his journalistic chronicle

of this journey. I don't think there are many stepsons or brothers who would take time from their lives to be a part of something like this. Thanks, Jim—I love you lots and lots and lots and I am very proud of you!!!!!!

Lastly, this month will see the beginning of MRSA Resources Focus on Wellness Group. Our goal with this will be to support one another in getting healthier so that we can help our bodies fight infection naturally. At this point, there is no way to know if a person's MRSA infection will come back or not. With our Wellness Group, we hope to learn how to make the length of time between outbreaks longer and to reduce the severity of infection. Each of us has been created with the God-given ability to heal. MRSA is a nasty bacteria, but we can all help each other to give it the best fight possible!

With love, prayers and gratitude,

Denise

